

HEAT IS COMING!



State Emphasis Program (SEP) Outdoor and Indoor Heat-Related Hazards

The Arizona Division of Occupational Safety and Health (ADOSH) implemented this SEP, with an effective date of July 17, 2023. The goal of this SEP is to reduce worker exposures to heat-related hazards that result in illnesses, injuries, and deaths, by inspecting industries and worksites.

As an employer, some questions to ask yourself to see if you are prepared. If not, ADOSH can assist you!

Q: Do you know the signs and symptoms of heat illness?

Q: Do your employees know the signs and symptoms of heat illness?

Q: What do you have in place if an employee shows symptoms of heat exposure?

Q: Do you provide time for acclimatization of new and returning workers?

Q: Do you monitor ambient temperature(s) and levels of work exertion at the worksite?

ADOSH can assist you at no cost:

- . Help develop a heat program
- . Review your heat program
- . Provide training on heat related topics

“The U.S. Department of Labor’s Bureau of Labor Statistics (BLS) reports that between 2015 and 2019, environmental heat cases resulted in an average of 35 fatalities per year and an average of 2,700 cases with days away from work nationwide.”

**For more information on heat related topics or to view the SEP in its entirety please visit:
<https://www.azica.gov/heatstress>**

If you are an employer and would like to get a free evaluation of your worksite or training for your employees from an ADOSH consultant, please contact our Phoenix consultation office at (602) 542-1769. Please contact our Tucson office at (520) 628-